



# Unity and World Religions

## Opening Statement

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### **PRAYER**

I believe in the power of the Spirit to minister to us through our prayers and the prayers of others. Therefore, I will commit to pray for us, both in and out of group times.

### **OPENNESS**

I will attempt to increasingly disclose who I am to you. I will share my feelings, struggles, hopes, joys, and sorrows, as I am able. I understand that the greater my openness the more God can love and touch me.

### **SENSITIVITY**

I want this to be a safe place for you. Therefore, I will attempt to be sensitive to your feelings and respond to you in healthy ways.

### **OPEN HAND**

I will hold you with an open hand. I will give both you and me time, grace, and forgiveness to grow towards these commitments as our mutual trust builds with one another.